



GARVEY SCHOOL DISTRICT

This institution is an equal opportunity provider. Menus are subject to change.

Monday, December 1

Breakfast

Pan Dulce Concha
Milk and Fruit

Lunch

Cheeseburger Sliders
Crinkle Cut Sweet Potato Fries
Milk and Fruit

Snack

Vanilla States and Capitals
Apple Juice

Tuesday, December 2

Breakfast

Ultimate Breakfast Round
Milk and Fruit

Lunch

Corn Dogs or Hot Dogs
Green Peas
Milk and Fruit

Snack

Scooby Doo Graham Sticks
Low-Fat Milk

Wednesday, December 3

Breakfast

Ham & Swiss Cheese Croissant
Milk and Fruit

Lunch

Domino's or Papa John's Pizza
Yellow Corn
Milk and Fruit

Snack

Roasted Sunflower Seeds
Low-Fat Milk

Thursday, December 4

Breakfast

Pancakes
Milk and Fruit

Lunch

Teriyaki Chicken & Steamed
Brown Rice
Mixed Vegetables
Milk and Fruit

Snack

Belly Bear Grahams
Low-Fat Milk

Friday, December 5

Breakfast

Breakfast Honey Buns
or Overnight Oats
Milk and Fruit

Lunch

Grilled Cheese Sandwich
or Manager's Choice
Mixed Vegetables
Milk and Fruit

Snack

Multigrain Sun Chips
Low-Fat Milk

Monday, December 8

Breakfast

Waffle
Milk and Fruit

Lunch

Regular or Spicy
Chicken Sandwich
Green Peas
Milk and Fruit

Snack

Strawberry Fruit Roll Up
Low-Fat Milk

Tuesday, December 9

Breakfast

Cereal & Low-Fat Yogurt or
Manager's Choice
Milk and Fruit

Lunch

Beef Taco Stick
Green Beans
Milk and Fruit

Snack

Heartzels Pretzels
Low-Fat Milk

Wednesday, December 10

Breakfast

French Toast Sticks
Milk and Fruit

Lunch

French Bread Pizza or
Galaxy Pizza Rounds
Yellow Corn
Milk and Fruit

Snack

Strawberry Grahams
Low-Fat Milk

Thursday, December 11

Breakfast

Mini Cinnis
or Overnight Oats
Milk and Fruit

Lunch

Beef Rotini Pasta w/ Marinara
Sauce
Broccoli
Milk and Fruit

Snack

Vanilla Dino Bites
Low-Fat Milk

Friday, December 12

Breakfast

Pizza Bagel
Milk and Fruit

Lunch

BBQ Pulled Pork Sandwich
Oven Fries
Milk and Fruit

Snack

Cheddar Goldfish
Low-Fat Milk

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG

GARVEY SCHOOL DISTRICT - FOOD SERVICES DEPT.

*** REMINDER TO ALL K-8th PARENTS & STUDENTS ***

A COMPLETE Breakfast or Lunch Meal must be selected by the student to be considered **FREE \$0.00!**

Take at least

3

One must be a fruit

BREAKFAST

A COMPLETE BREAKFAST INCLUDES:

Take

3-5

One must be a fruit or veggie

LUNCH

A COMPLETE LUNCH INCLUDES:

STUDENT A LA CARTE
Menu Item Prices for SY 25-26
Main Entrée (Breakfast) = \$3.25
Main Entrée (Lunch) = \$5.00
Fruit or Vegetable = \$1.00
Milk or Juice = \$0.75
Snack - \$1.50

GSD Board Approval Date: 08/07/2025

OUT COLD.

Not only do kids eat more in the winter, they also tend to exercise less.

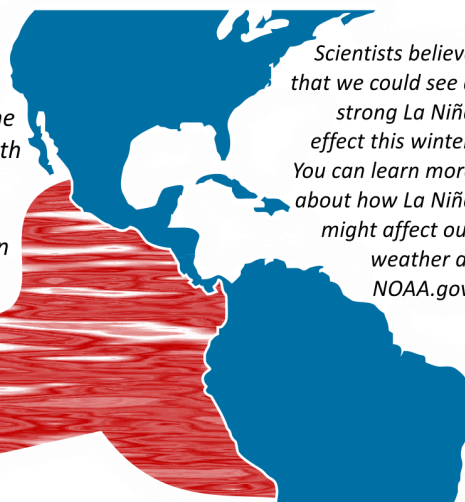
Even if it's cold where you live, you still need to be moving for a total of at least an hour a day! Some of that can happen indoors, but there's plenty of outside activities that can keep you warm, too!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



The climate phenomenon known as “La Niña” occurs in years when Pacific Ocean waters off the coast of Central and South America become cooler than usual. La Niña tends to make the southwestern states drier, the southern U.S. warmer and drier, the northwest and north central states colder and snowier, and the mid-Atlantic and northeast warmer, resulting in more mixed precipitation for those folks.

La Niña



Scientists believe that we could see a strong La Niña effect this winter. You can learn more about how La Niña might affect our weather at NOAA.gov.

Word of the Month

com·pas·sion

noun. 1. an understanding of the distress or suffering of others, along with a desire to alleviate that distress 2. strong sympathy

Monday, December 15

Breakfast

Blueberry Muffin
Milk and Fruit

Lunch

Cheese Pull Aparts w/ Marinara
Sauce Cup
Green Beans
Milk and Fruit

Snack

Scooby Doo Grahams
Low-Fat Milk

Tuesday, December 16

Breakfast

Mini Apple Breakfast Bites
Milk and Fruit

Lunch

Sloppy Joe's
Green Peas
Milk and Fruit

Snack

Chocolate Benefit Bar
Low-Fat Milk

Wednesday, December 17

Breakfast

Scrambled Eggs & Toast
Milk and Fruit

Lunch

Domino's or Papa John's Pizza
Yellow Corn
Milk and Fruit

Snack

Sliced Apples & Sunbutter Cups
Low-Fat Milk

Thursday, December 18

Breakfast

Breakfast Burrito
Milk and Fruit

Lunch

Mandarin Orange Chicken
& Steamed Brown Rice
Garlicky Broccoli
Milk and Fruit

Snack

String Cheese & Savory Crackers
Low-Fat Milk

Friday, December 19

Breakfast

New Item: Pancake Popper
Milk and Fruit

Lunch

Chicken Taquitos
or Manager's Choice
Mixed Vegetables
Milk and Fruit

Snack

Rice Krispies Treats
Apple Juice

Available Daily

Offered @ Breakfast

Variety of Seasonal Fruits

Offered @ Lunch

**Variety of Seasonal Fruits
&
Variety of Fresh Vegetables
at the Salad Bar**

**Turkey (& Cheese) Sandwiches
or
Chef's Salad
or
Yogurt & Fruit Parfait**

Monday, January 5

Breakfast

Waffles
Milk and Fruit

Lunch

Cheeseburger Sliders
Yellow Corn
Milk and Fruit

Snack

Cheez-Its
Low-Fat Milk



**GSD
Food Services
Department**



We'll see you again in 2026!

Winter Holiday begins
at the end of classes
Friday, December 19

Classes resume
Monday, January 5